

Resolution No. 2115

Subject. Evidence-Based Posttraumatic Stress Disorder Protocols currently used in the Department of Veterans Affairs, Department of Defense and the Private Sector need be expanded to include Reconsolidation of Traumatic Memories to ensure the reduction of Posttraumatic Stress Disorder Symptoms and Suicides

Submitted by. Veterans Services Committee

WHEREAS, Posttraumatic Stress Disorder (PTSD) is a significant contributor to suicide ideation throughout the United States, and

WHEREAS, Suicide of our military service members is the highest on record and military veterans are committing suicide upwards of 20 per day, and

WHEREAS, The stress of multiple deployments, combat injuries, deaths, illnesses, and guilt (life changing events) challenges the healthiest of families' active duty and veterans, and

WHEREAS, Clinicians managing patients with PTSD have the following goals: establish a therapeutic alliance, provide ongoing assessment of safety and psychiatric status, address comorbid disorders, increase the patient's understanding of and coping with the effects of exposure to the traumatic event through implementing specific treatments (e.g. psychoeducation, psychotherapy and psychopharmacology) for PTSD, and

WHEREAS, It is time to face the fact that the currently accepted evidence-based protocols and drugs used in the private and government healthcare sectors aren't providing the care and relief PTSD patients need and require. and

WHEREAS, The Research and Recognition Project Inc., a New York based 501(c)3 non-profit, was formed for the express purpose of performing the comprehensive research necessary to validate the effectiveness of a treatment for PTSD. Reconsolidation of Traumatic Memories (RTM) is a non-traumatizing, drug-free, reimaging process which removes nightmares, flashbacks, and the directly related emotional problems associated with PTSD stress in less than five hours, and

WHEREAS, 96% of the individuals completing the RTM pilot program had a total cessation of nightmares, flashbacks and directly related emotional problems. These results were confirmed in a follow-up check conducted six months after treatment signifying the permanence of the relief, and

WHEREAS, The pilot was followed by three replication studies: first replication-30 male veterans-93% effectiveness-results maintained 12 months after treatment, second replication-30 female veterans-96% effectiveness, third replication-75 male veterans-90% effectiveness, and

WHEREAS, The 90%-96% clinical effectiveness results using the RTM Protocol compared to the 35% clinical effectiveness results for veterans treated with VA accepted therapies makes the RTM Protocol a genuine breakthrough in PTSD treatment with national ramifications, and

WHEREAS, PTSD symptoms have lasted far too long, and the goal is not to manage symptoms, it is time to eliminate the nightmares, flashbacks and directly related emotional problems thereby reducing suicide ideation, and

WHEREAS, The RTM Protocol has been included in ISTSS's (International Society for Treatment Stress Studies)2019 book "Effective Treatments for PTSD", the gold standard of evidence-based PTSD, and

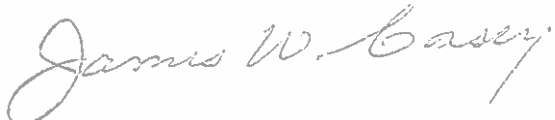
WHEREAS, The American Legion, Department of New York enthusiastically supports and strongly recommends the RTM Protocol and has donated \$25,000 to the Research and Recognition Project, now, therefore, be it

RESOLVED, that the American Legion urge the Secretary of Veterans Affairs and the Secretary of Defense to offer the RTM Protocol as a treatment option for veterans and active-duty military suffering from PTSD; and, be it further

RESOLVED, that the American Legion urge Congress to provide oversight and funding to the Department of Veterans Affairs (VA), Department of Defense (DoD), and the Research and Recognition Project for innovative PTSD research and clinical training in the RTM Treatment Protocol aimed at the National need, therefore be it finally,

RESOLVED, that if approved by the Department of New York at its Convention in Albany, New York on July 29-31, 2021, this resolution be forwarded to the National Organization for consideration at the National Convention August 27-September 2, 2021, in Phoenix, Arizona.

FOR CONVENTION COMMITTEE USE	
Approved <u> X </u>	Rejected <u> </u>
Approved with Amendments <u> </u>	
Consolidated with <u> </u>	
Referred to Standing Committee on <u> </u>	
Received and Recorded <u> </u>	
Other Action <u> </u>	
Signature <u> </u> (Chairman)	



Adjutant Signature

New York

Department

Below section to be completed when resolution is submitted from another authorized source.

Michael R. Suter, Chairman

Name

Department Resolutions Committee

Title